FY '06-O7 ANNUAL ACTION PLAN: PROGRAM GOALS

Program Goal: Eliminate Exposure to Secondhand Smoke								
Anticipated Policy Outcome(s): Adoption of smoke-free homes and cars pledges.								
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Frame			Indi	icators				Data Sources
Healthy People 2010 or other long-term outcome objective(s): Reduce the proportion of middle school and high school students who report that they had been i was smoking tobacco on one or more days in the past week from 30% to 20% and from 40% to 3 Reduce the proportion of high school students who report that they had ridden in a car with some or more days in the past week from 39% to 29% and from 35% to 25% by June '09.	% of young perbeen in the sar smoking in the % of young peobeen in a car was smoking in the sar was smoking in the sar was smoking to the sar was was sar was sar was sar was sar was sar was	ave	Youth Tobacco Survey Community Surveys					
Target 50% of adults who report that they were not exposed to secondhand smoke in their homes June 2009.	previous 7 day • % of adults wh exposed to SH	o report						
Intermediate outcome objective(s): Increase the proportion of adults who report that smoking is not allowed in their homes by 5% by Increase the proportion of adults who report that smoking is not allowed in the family car by 5% by		 % of adults who report smoking is not allowed in their home % of adults who report smoking is not allowed in the family car 						
Short-term outcome objective(s): Target 30% of adults in the community who recall the content of secondhand smoke advertising, December 2006.	% of adults who re- secondhand sm	Community Surveys						
Annual process objective(s): By October 2006, develop and implement a mass media campaign on the hazards of secondhand or cars.	d smoke focusing on smoki	ng in homes	Number and type of medium utilized Media 7 S					
KEY ACTIVITIES BY COMPONENT AREAS	Target Group		Lead Role	Q1	Time I	Line Q3	Q4	Anticipated Outputs
Community Intervention and Mobilization Make presentations at public events on the hazards of SHS in the home and car (Head Start Parents Workshop, Women's Conference, Diabetes Conference, etc)	Adults/Parents		Program Staff	Х	Х	Х	Х	Presentations conducted
Counter-Marketing Develop mass media campaign focusing on secondhand smoke in the home and car	Adults/Parents		Program Staff					Media materials/ads
Policy/Environmental Change Develop and promote to parents the pledge to have a smoke free home and car	Adults/Parents		Program Staff		Х			"Smoke-Free Home & Car Pledge" developed
Surveillance and Evaluation Conduct community survey to assess media campaign	Adults/Parents		Program/ Coalition X					Results of surveys
Conduct community surveys	Adults/Parents		Program Staff	Χ	Χ	Χ	Χ	Results of surveys

Program Goal: Eliminate Exposure to Secondhand Smoke								
Anticipated Policy Outcome(s): Adoption of smoke-free workplaces.								
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)			Indicator	S				Data Sources
Healthy People 2010 or other long-term outcome objective(s): Target 75% of non-smoking restaurant workers, who report they are not exposed to secondhand work by June 2008.	•	% of adults who report they a smoke at their place of work.	are not ex	xposed	d to se	econdhand	Community Survey	
Intermediate outcome objective(s): Target 75% of restaurants that comply with the ban on smoking in public places by June 2007.			% of restaurants that co public places	mply wit	th bar	n on s	moking in	Community Survey
Short-term outcome objective(s): Adoption of ban on smoking in public places by March 2007.		Legislation adopted					Policy Tracking	
Annual process objective(s): Target 50% of the public that support the ban on smoking in public places by December 2006			 % of people who report the polices. % of people who believe allowed in restaurants, so other enclosed public plan 	smoking	g sho	uld no	ot be	Community Survey
KEY ACTIVITIES BY COMPONENT AREAS	Target Group		Lead Role	Q1		me Li Q3	ne Q4	Anticipated Outputs
Community Intervention and Mobilization Assist the Coalition develop and implement a plan of action to mobilize community support	Community		Coalition/ Program Staff	Х				Action plan developed an implemented
Counter-Marketing Develop and implement a mass media campaign on the hazards of smoking in the workplace	Policy Leaders/Comm	nunity	Program Staff	Х	Χ			Media ads and materials produced
Policy/Environmental Change Provide technical assistance to the Coalition to meet with policy makers	Restaurants/ Office	es	Program Staff		Χ	Χ		# and type of materia provided, and
Surveillance and Evaluation Conduct community survey regarding support for smoke-free workplaces, and compliance by restaurants	Community		Program Staff		Χ		X	presentations made Results of the survey

restaurants.

Program Goal: Prevent Initiation of Tobacco Use Among Young People								
Anticipated Policy Outcome(s): Decrease access to tobacco products.								
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)				Indica	tors			Data Sources
Healthy People 2010 or other long-term outcome objective(s):			Proportion o 12 who curre					Vouth Tabassa
Decrease the proportion of students in grades 6-8 and 9-12 that currently chew betelnut with tob			Proportion of 12 who get				Youth Tobacco Survey	
Decrease the proportion of students in grades 6-8 and 9-12 who get their tobacco from a family	member by 10% by June 2009.		member.					
Intermediate outcome objective(s): Target 50% of students in grades 6-8 and 9-12 who think chewing betel nut with tobacco is unat Target 50% of parents/guardians who believe children should not use tobacco with or without be	•	Proportion of parents who believe children should not use tobasse with or without						Student & Community Survey
Short-term outcome objective(s): Target 30% of middle and high school students who can recall content of media messages regarding your angles of adults in the community who can recall content of media messages regarding your statements.		2007.	of media m • Proportion	 Proportion of youth who can recall content of media messages Proportion of adults who can recall content of media messages 				
Annual process objective(s):								
Develop and implement two media campaigns to 1) encourage adults not to let minors use tobac desirability of peer tobacco use by March 2007.	cco and to 2) counter the accepta	bility or	 Number and ty 	pe of m	nedia me	essages		Media Tracking
KEY ACTIVITIES BY COMPONENT AREAS	Target Group		Lead Role	Time Line			Q4	Anticipated Outputs
Community Intervention and Mobilization				Q1	Q2	Q3	Q4	
Assist VIP Club (Very Important People) conduct four community awareness/ peer education on tobacco use prevention	Youth/Adults	VIP/ Co	oalition/ Program Staff	Х	Χ	Χ	Х	# and type of events
Schedule presentations on tobacco use prevention at PTA meetings for all 23 schools in Palau	Parents/Teachers		Program Staff	Χ	Χ	Х	Х	# of PTA meetings presented to
Counter-Marketing Develop and implement two media plans targeting adults and youth to prevent initiation of tobacco use	Adults/Parents/Youth	Program Staff				Х	Х	# and type of media materials
Policy/Environmental Change Reintroduce and promote Palauan traditions of preventing youth betel nut use	Adults/Parents	Р	rogram Staff/ Coalition	Χ	Х	Х	Х	# of presentations conducted
Surveillance and Evaluation Conduct student and community surveys mentioned above Survey parents regarding support for strict policies	Adults/Parents Adults	Р	rogram Staff/ Coalition	Χ	Х	X X	X X	Results of the surveys

Program Goal: Prevent Initiation of Tobacco Use Among Young People

Anticipated Policy Outcome(s): Work with Ministry of Education to update policies on tobacco/betelnut use on school property and to provide culturally appropriate curricula.

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SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)		1	Indicators							
Healthy People 2010 or other long-term outcome objective(s): Decrease the proportion of students in grades 6-8 and 9-12 who are current users of any tobacc Decrease the proportion of students in grades 6-8 and 9-12 who report seeing teachers chew be 2009	Proportion of that currently Proportion of whole cigared years old	a	Youth Tobacco Survey							
Intermediate outcome objective(s): By August 2007, the Ministry of Education adopts an updated and culturally appropriate substance abuse curriculum. By August 2008, the Ministry of Education adopts strict polices on the use of tobacco and betel nut on school property during school functions. • Updated and culturally appropriate curriculum adopted. • Strict polices on the use of tobacco and betel nut adopted							Policy Tracking			
Short-term outcome objective(s): In collaboration with MOE's Health and Science Office and other partners, by February 2007, propose recommendations to update substance abuse curriculum to MOE's management team. • Recommendations of culturally appropriate tobacco use education prevention curricula and updated tobacco related policies						Report of recommendations				
Annual process objective(s): In collaboration with MOE's Health and Science Office and other partners, by August 2006, comcurriculum on substance abuse.	plete assessment of MOE's	Comprehensiv subject conten				s of	MOE Substance Abuse Curriculum			
KEY ACTIVITIES BY COMPONENT AREAS	Target Group	Lead Role	Q1	Time Q2		Q4	Anticipated Outputs			
Community Intervention and Mobilization Do at least one presentation regarding youth tobacco use and school policies at one of MOE's workshops for teachers and/ or meeting of principles.	Principals	Program Staff	X	Q.L	Х		Presentations conducted and attendance			
Counter-Marketing Develop and implement two media plans targeting adults and youth to reduce tobacco use	Parents/ Youth	Program Staff	Х				Media Materials			
Policy/Environmental Change Begin discussions on possible school policies with MOE management team	MOE management team	Program Staff			Х	Х	Minutes of meetings			
Surveillance and Evaluation Present results of the 2005 Palau Youth Tobacco Survey to MOE management team including all principals	MOE management team	Program Staff	Х	Х	Х	Х	Minutes of meeting			

Program Goal:	Prevent Initiation of Tobacco Use Among Young People	
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Anticipated Policy Outcome(s): Increase compliance by tobacco vendors with the youth access law.

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SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)		Ind	icators				Data Sources
Healthy People 2010 or other long-term outcome objective(s): Increase tobacco vendor compliance to 80% by August 2009. Reduce the proportion of students who attempted to buy cigarettes or smokeless in the past 30 of their age by 40% by June 2009.	 Proportion of tole in compliance well in compliance well Proportion of strength buy cigarettes of 30 days and well of their age 	ith the yo udents wh r smokele	law d to ast	Annual Unannounced Tobacco Vendor Survey Youth Tobacco Survey			
Intermediate outcome objective(s): Increase tobacco vendor compliance to 70% by August 2008.	Proportion of tole in compliance w					Annual Unannounced Tobacco Vendor Survey	
						Annual Unannounced Tobacco Vendor Survey	
Annual process objective(s): Assist Substance Abuse Prevention Office (SAP), to conduct the annual unannounced tobacco	Proportion of toll in compliance w		law	Annual Unannounced Tobacco Vendor Survey			
KEY ACTIVITIES BY COMPONENT AREAS	Target Group	Lead Role	Q1	Time Q2			Anticipated Outputs
Community Intervention and Mobilization Provide training to youth and adult volunteers Acknowledge and reward responsible merchants Provide results to the Bureau of Public Safety	Tobacco Vendors	Program Staff SAP Staff VIP Club/ Coalition	Х				Training provided List of vendors awarded certificates (signed by the MOH & MOJ) List of vendors found in non- compliance
Counter-Marketing Announce results of inspections in the media	Tobacco Vendors	Program Staff SAP Staff		Х			Articles/ ads in the newspaper Radio news releases
Policy/Environmental Change With Bureau of Public Safety, recommend to the Bureau of Commercial Development the non- renewal of tobacco retail license to vendors who were found to be in non-compliance.	Tobacco Vendors	Program Staff Bureau of Public Safe	ety X				Letter of recommendation and list of tobacco vendors
Surveillance and Evaluation Produce an updated report of tobacco vendor compliance using GIS (Geographical Information System).	Tobacco Vendors/ Policy makers/ Community	Program Staff SAP Staff		Х			Results of the survey/ Report available in GIS

Program Goal:	Promote Tobacco	Cessation Among	Young People and Adults
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Anticipated Policy Outcome(s): Increase support for and compliance with regulations restricting smoking and betelnut chewing within Ministry of Health (MOH) facilities.

Anticipated Policy Outcome(s): Increase support for and compliance with regulations restricting	ng smoking and betelnut chewing	within	Ministry of Health (MOH)	facilit	ies.			
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)			Indicat	ors				Data Sources
Healthy People 2010 or other long-term outcome objective(s): Decrease the proportion of Ministry of Health staff who are frequent users of tobacco with beteln		 Proportion of Minist are frequent users of betelnut. 	who	Annual Health Care Providers Survey				
Intermediate outcome objective(s): Decrease the proportion of MOH staff who receive notices for violating regulations restricting sm facilities by 25% by March 2008.	 Proportion of MOH notices for violating restricting smoking within MOH facilities 		Annual Health Care Providers Survey					
Short-term outcome objective(s): Increase the proportion of MOH staff reporting they support regulations restricting smoking and I 10% by March 2007.	 Proportion of MOH support regulations and betelnut use wi 	Annual Health Care Providers Survey						
Annual process objective(s): Assist the Minister of Health promote regulations pursuant to RPPL 3-62 that prohibits smoking a national government buildings by December 2006.	and regulates chewing betelnut in		 Draft of regulations 					Policy Tracking
KEY ACTIVITIES BY COMPONENT AREAS	Target Group		Lead Role Q			Line Q3		Anticipated Outputs
Community Intervention and Mobilization Make and posts signs and notices reminding MOH personnel and clients that betelnut use is prohibited in MOH facilities	MOH Personnel		Program Staff		Х			Number and type of signs/ notices posted
Counter-Marketing Develop and implement media plan to promote the Ministry of Health as a tobacco-free facility in line with healthy values	MOH Personnel		Program Staff		Х	Х		Types and number of media materials
Policy/Environmental Change Begin process of the Administrative Procedures Act to adopt proposed regulations	MOH and Staff		Program Staff		Х			Regulations
Surveillance and Evaluation Conduct Annual Healthcare Provider Survey in March 2007.	MOH Personnel		Program Staff	Х				Results of the survey

Program Goal:	Promote	Tobacco	Use	Cessation	Among	Young	Peor	ole and	Adults

Anticipated Policy Outcome(s): Incorporation of the 5A's recommended in the US PHS Clinic	al Practice Guidelines on Treating	Tobac	co Use and Dependenc	e as st	andar	d pro	tocol b	by private and public health clinics.
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)			Indica	tors				Data Sources
Healthy People 2010 or other long-term outcome objective(s): Increase the proportion of doctors and nurses to 75% who report they routinely counsel their tob Increase the proportion of adult tobacco users to 75% who report that a doctor or other health causing tobacco during the previous 12 months by March 2009.	 Proportion of doctoreport they routinel tobacco-using patients Proportion of adult report that a doctor them to quit using the previous 12 months 	y coun ents. tobacc or nur obacco	10	Annual Health Care Providers Survey Patient Exit Interview				
Intermediate outcome objective(s): Increase the proportion of doctors and nurses who report they routinely counsel their tobacco-us Increase the proportion of adult tobacco users who report that a doctor or other health care profe tobacco during the previous 12 months to 50% by March 2008.	 Proportion of doctors and nurses who report they routinely counsel their tobacco-using patients. Proportion of adult tobacco users who report that a doctor or nurse advised them to quit using tobacco during the previous 12 months. Annual Health Care Survey Patient Exit Integration							
Short-term outcome objective(s): By June 2007, 50% of all MOH clinics will provide brief tobacco use intervention to patients or cl	,	 Number of clinics v standardized tobac 		ons	Patient Exit Interview			
Annual process objective(s): By December 2006, MOH adopts policy to standardize tobacco use interventions during patient	care.	•	Number of trainings and list of participants					Training Tracking
KEY ACTIVITIES BY COMPONENT AREAS	Target Group		Lead Role Time Line Q1 Q2 Q3 Q				Anticipated Outputs	
Community Intervention and Mobilization Make presentations or provide CE to specific MOH groups: Maternal and Child Health, Chronic Disease, Dental, and the Nurses regarding tobacco use interventions.	MOH Personnel		Program Staff			Х	Х	# and type of presentations/CE
Counter-Marketing Develop and implement an internal media plan for MOH to promote the benefits of including tobacco use interventions during standard patient care and health professionals as role models	MOH Personnel		Program Staff		Х	Х		Number and types of media materials
Policy/Environmental Change Promote official policy regarding provision of brief tobacco use intervention during patient care	MOH Personnel		Program Staff		Х	Х	Х	Copies of memos, notices, flyers etc.
Surveillance and Evaluation Develop and implement a standardized system of tracking patient's tobacco use status at each visit.	MOH Personnel		Program Staff	Х	Χ	Х		Patient's tobacco use track record

Program Goal: Promote Tobacco Use Cessation Among Young People and Adults							
Anticipated Policy Outcome(s): Establish a community based tobacco use cessation program	n.						
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)		Indicato	rs				Data Sources
Healthy People 2010 or other long-term outcome objective(s): Target 40% of the QTPs clients who report they have not used tobacco in the prior 12 months be	y June 2009.	Proportion of adult chew have quit chewing betelr prior 12 months					Program Client Tracking
Intermediate outcome objective(s): Target 50% of the Quit Tobacco Program's clients who report the service significantly helped the June 2008.	Proportion of clients who report the QTP significantly holped them guit using tobacco.				Program Client Tracking		
Short-term outcome objective(s): Target 50% of adults who report they know about the Quit Tobacco Program by June 2007.		Proportion of adult tobacco users who utilized the Quit Tobacco Program in the previous year.					Program client tracking
Annual process objective(s): By January 2007, implement a community based tobacco use cessation program.		Program officially opens					Program in place
KEY ACTIVITIES BY COMPONENT AREAS	Target Group	Lead Role	Q1	Time Q2	Line Q3		Anticipated Outputs
Community Intervention and Mobilization Collaborate with Bedochel Substance Abuse Treatment Center to develop the community based cessation program	Community	Program Staff Chief, BHD		Х	Х	Х	Program established
Counter-Marketing Develop media plan to promote the community based cessation program	Tobacco users	Program Staff/Coalition				Х	Media materials
Policy/Environmental Change Develop interagency referral protocols	Community	Program Staff				Х	Written protocols and standards in place
Surveillance and Evaluation Develop client tracking system for the community based tobacco use cessation program	Quit Line staff	Program Staff		Х	Х	Χ	Client tracking info available

Program Goal: Promote Tobacco Use Cessation Among Young People and Adults

Anticipated Policy Outcome(s): School policies that promote the availability of or mandate referral of youth to tobacco cessation services as an alternative to suspension.											
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)			Indicat		Data Sources						
Healthy People 2010 or other long-term outcome objective(s): Increase the proportion of students in grades 6-8 and 9-12 who try to quit adding tobacco to their past 12 months from 11% to 21% and from 9% to 19% by June 2009.	he	 Proportion of studer 9-12 who try to quit their betelnut chew past 12 months 	0	Youth Tobacco Survey							
Intermediate outcome objective(s): By August 2008, have tobacco use cessation services accessible to 100% of the public elements	•	 Number of schools implementing tobac services. 					School Survey				
Short-term outcome objective(s): By August 2007, assist Ministry of Education implement tobacco use cessation program for stud	•	Program implemented Client and service									
Annual process objective(s): By August 2006, implement cessation programs in private schools as alternatives to suspension.			 Program implement 		Client and service tracking						
KEY ACTIVITIES BY COMPONENT AREAS	Target Group		Lead Role Time Line Q1 Q2 Q3 Q4					Anticipated Outputs			
Community Intervention and Mobilization Provide training to school staff to conduct tobacco education group (cessation program)	School		Program Staff	Х				Training program conducted # of attendance			
Counter-Marketing Promote tobacco use cessation among students and the availability of school cessation programs	Students		Program Staff VIP Club		Х	Х	Х	Media Materials (Flyers, articles and ads in school papers, posters, etc)			
Policy/Environmental Change Provide private schools with sample policies on mandating cessation programs in place of suspensions	Principals and Staff		Program Staff	Х	Х			Sample policies			
Surveillance and Evaluation Monitor number of students who participate in the school cessation programs, and their tobaccouse status.	Students		Program Staff	Х	Х	Х	Х	Client Tracking			

Program Goal: Identify and Eliminate Disparaties Among Populations

Anticipated Policy Outcome(s): Provision of tobacco use cessation services to outlying comm	nunities.						
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)		Indica		Data Sources			
Healthy People 2010 or other long-term outcome objective(s): By April 2009, for each program, target 50% of its clients who report the program significantly helped them quit using tobacco.		Proportion of client program significant using tobacco	ıit	Community Survey			
Intermediate outcome objective(s): By April 2008, 50% of the states will have a community based tobacco use intervention program	Program implement	Client and service tracking					
Short-term outcome objective(s): By June 2007, target 50% of adults in the given community who report they are aware of the conintervention program.	Proportion of adults community who are program	Community Survey					
Annual process objective(s): By April 2007, implement (1) pilot community based tobacco use intervention program in one of the outlying states.		Program implemen	Program implemented				
KEY ACTIVITIES BY COMPONENT AREAS	Target Group	Lead Role	Time Line Q1 Q2 Q3 Q4			Anticipated Outputs	
Community Intervention and Mobilization Recruit and train volunteers	Adults in the outlying communities	Program Staff			Х	Х	List of volunteers who received follow up training
Counter-Marketing Develop and implement media plan to promote quitting and the availability of the program	Adults in the outlying communities	Program Staff			Х	Χ	Various media materials
Policy/Environmental Change Promote standardizing tobacco use interventions at all of the Community Health Centers outside the capitol.	Adults in the outlying communities	Program Staff			Х		Trained CHC staff
Surveillance and Evaluation Conduct survey in the outlying communities to monitor objectives	Adults in the outlying communities	Program Staff				Χ	Results of the survey

Program Goal: Identify and Eliminate Disparaties Among Populations

Anticipated Policy Outcome(s): Design and implement mass media campaign targeting disparate populations utilizing appropriate media channels

Anticipated Folicy Outcome(s). Design and implement mass media campaign targeting dispo	2.111						
SMART Objectives (Specific, Measurable, Achievable, Relevant, Time-Framed)		Indica	Indicators				
Healthy People 2010 or other long-term outcome objective(s): Reduce the proportion of adult Filipinos who currently smoke cigarettes by 20% by April 2009.			Proportion of adult Filipinos who currently smoke cigarettes				
Intermediate outcome objective(s): Increase the proportion of adult Filipino smokers who report they have attempted to quit smokin months by 10% by April 2008. Increase the proportion of adult Filipino smokers who report not smoking in their homes or cars	who report they haveProportion of adult	Proportion of adult Filipinos smokers who report they have attempted to quit Proportion of adult Filipinos who report smoking outside their homes or cars					
Short-term outcome objective(s): By April 2007, target 50% of adult Filipinos who recall the content of advertising, brochures, po and secondhand smoke.	the content of adve	Proportion of adult Filipinos who recall the content of advertising, brochures, posters or presentations on tobacco awareness.					
Annual process objective(s): By January 2007, develop and implement 2 media campaigns targeting adult Filipinos: (1) to quotiside their homes and cars.	Various media mate	Various media materials					
KEY ACTIVITIES BY COMPONENT AREAS	Target Group	Lead Role	Time Line Q1 Q2 Q3 Q4				Anticipated Outputs
Community Intervention and Mobilization Disseminate information on the health and economic costs of smoking and secondhand smoke during community events	Adults in the Filipino Community	Program Staff	Х	Х	Х	Х	Number of brochures distributed
Counter-Marketing Design and implement media campaign targeting the adults in the Filipino community on the hazards of secondhand smoke.	Adults in the Filipino Community	Program Staff			Χ	Х	Various media materials
Policy/Environmental Change Promote the adoption of 'Quit or Take It Outside" policy in the Filipino community through the secondhand smoke media campaign.	Adults in the Filipino Community	Program Staff			Χ	Х	Various media materials
Surveillance and Evaluation Conduct survey in the Filipino community to measure content recall and impact on perceptions and behavior.	Adults in the Filipino Community	Program Staff			Χ	Х	Results of the survey